

Keydet Newcomers



Sam Alvarenga

- Freshman • 141 lbs.
- Springfield, Va.
- Edison

2003-04: Will compete for the starting slot at 141 lbs.

High School: Four-year letterwinner at Edison...a two-time Virginia AAA State placewinner and a state runner-up at 135 lbs. as a senior...was the 2003 NWCA High School Open champion at 140 lbs. en route to posting a high school career record of 107-23 and earning the honor of first team All-Met as a senior...majoring in Civil Engineering.



Barry Boone

- Freshman • 157 lbs.
- Williamsburg, Va.
- Lafayette

2003-04: Will provide depth at 157 lbs.

High School: Two-year letterwinner at Lafayette...named to all-region team...also lettered in baseball and football...father, Joe Boone III was earned All-America honors at the University of Oklahoma...majoring in Psychology.



Matt Burton

- Freshman • 149 lbs.
- Troy, Ohio
- Miami East

2003-04: Will back-up Chris Hardy at 149 lbs.

High School: Four-year letterwinner at Miami East...accumulated a 35-6 record in his senior season...named second team all-area...qualified for state championships...named team captain as a senior...also lettered in football and track...majoring in Physics.



Jay Carter

- Freshman • 141 lbs.
- Martinsville, Va.
- Martinsville

2003-04: Will provide depth at 141 lbs.

High School: Four-year letterwinner at Martinsville...four-time district champion...four-time regional champion...2002 regional champion...2002 state finalist...two-time district MVP...received Big M Award in 2002...Economics and Business major.



Zack Crush

- Freshman • 157 lbs.
- Clifton Forge, Va.
- Alleghany

2003-04: Will provide depth at 157 lbs.

High School: Three-year letterwinner at Alleghany...four-time district champion...four-time regional champion...2002 regional champion...2002 state finalist...two-time district MVP...received Big M Award in 2002...Psychology major.



David Federico

- Freshman • 125 lbs.
- Willoughby, Ohio
- South

2003-04: Will back-up Juan Sanchez at 125 lbs. and prepare to take over the position in 2004-05

High School: Four-year letterwinner at South...a High School All-American and three-time Division I Ohio State placewinner...placed fourth in the state championships at 112 lbs. as a senior, third at 103 lbs. as a junior, and fourth at 103 lbs. as a sophomore...placed sixth at 2003 Senior Nationals at 112 lbs....majoring in History.

Keydet Newcomers



Jesse Hills

- Sophomore • 157 lbs.
- Terre Haute, Ind.
- Terre Haute South Vigo

2003-04: Will provide depth at 157 lbs.

High School: Four-year letterwinner at Terre Haute South Vigo...recipient of Mik Engle Award...International Studies/ History major.



Wayne Huggins

- Freshman • 165 lbs.
- Midlothian, Va.
- Clover Hill

2003-04: Will provide depth at 165 lbs.

High School: Four-year letterwinner at Clover Hill...team captain and MVP for his senior season...broke school record for most nearfall points in a season with 48...led team in reversals, wins, pins and major decisions as a senior...2003 Dominion District champion...2003 central region champion...two-time All-Southeast Region...three-time all-state freestyle Greco-Roman...Business and Economics major.



Aaron Kerkhof

- Freshman • 174 lbs.
- Muncie, Ind.
- Delta

2003-04: Will battle for the 174 and 184 lb. slots.

High School: Three-year letterwinner at Delta...two-time time Delaware County champion...three-time state finalist...2002 East Central Indiana Wrestler of the Year...two-time Delta Most Valuable wrestler...brother, Eric, wrestled at Purdue...majoring in Business and Economics.



John McKnight

- Freshman • 133 lbs.
- Okinawa, Japan
- Kubasaki

2003-04: Will provide depth at 133 lbs.

High School: Three-year letterwinner at Kubasaki...placed fourth at Far East Championships...also lettered in cross country...Civil Engineering major.



Richard Meredith

- Freshman • 157 lbs.
- Norfolk, Va.
- Norfolk Collegiate

2003-04: Will provide depth at 157 lbs.

High School: Four-year letterwinner at Norfolk Collegiate...four-time conference champion...three-time VISWA state qualifier...posted 151-21 career record...member of Honor Society...father, Richard, wrestled at VMI...Economics & Business major.



David Metzler

- Freshman • 141 lbs.
- Dayton, Va.
- Turner Ashby

2003-04: Will provide depth at 141 lbs.

High School: Four-year letterwinner at Turner Ashby...four-time district and regional champion...placed in top six of state championships all four years, twice capturing the state champion...Valley District Most Valuable Wrestler as a senior...Biology major.

Keydet Newcomers / Facility



Stephen Partin

- Freshman • 149 lbs.
- Colonial Heights, Va.
- Thomas Dale

2003-04: Will add depth to the 149 lb. weight class.

High School: Four-year letterwinner at Thomas Dale...four-time district champion...three-time state qualifier...regional runner-up and champion in his time at Thomas Dale...posted career record of 101-24...team MVP junior and senior seasons...Business & Economics major.



Jay Tomsyck

- Freshman • 149 lbs.
- Charlotte, N.C.
- Charlotte Catholic

2003-04: Will add depth at the 149 lb. weight class.

High School: Three-year letterwinner at Charlotte Catholic...two-time all-conference selection...state and national chess champion...Chemistry major.

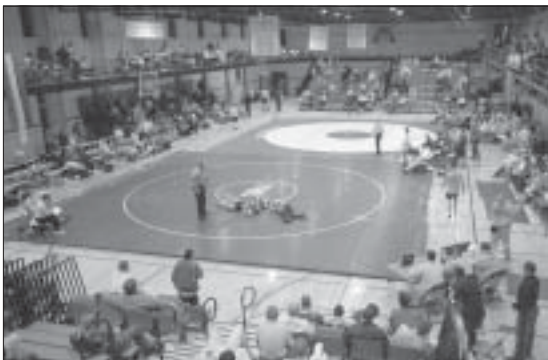
The "Thunderdome"

The home of VMI wrestling has been Cocke Hall since its construction in 1926. Since then, the old gym has been witness to 77 years of incredible memories in VMI wrestling.

In the winter of 1992, former assistant baseball coach Kenny Creehan dubbed Cocke Hall the "Thunderdome" in his public address duties and the name has stuck ever since.

The atmosphere at Cocke Hall for home dual meets is unrivalled anywhere on the east coast. The Corps of Cadets provide one of the most spirited and zealous home crowds, as they cheer on the Keydet wrestlers. Banners overhead trumpet the accomplishments of past VMI matmen, including 12 Southern Conference championships, and two All-Americans.

In recent years, crowds have come out in record numbers to support the Keydets, including a record attendance of 1,285 that crammed Cocke Hall to see VMI take down The Citadel in February of 2002. To accommodate the ever-growing popularity of VMI wrestling, the program brought in six new sets of bleachers (four with 11 rows and two with six rows) that were installed last season. The new bleachers have enlarged seating capacity from 300 to 700, with still plenty of room for individual seats and cadets to hang off the overhang.



The wrestling team moved into new locker room facilities in Cocke Hall in 1997, giving the Keydet wrestling program a new permanent home close to their practice and weight training facilities, as well as being only one floor below their arena for home dual matches. The Keydets play host to the 2003 Keydet Invitational on November 1 in Cocke Hall.

A Note From Coach Trudgeon

Our wrestling program has enjoyed its share of success in the past, due in part to the tremendous support of the Corps of Cadets, our faculty and staff and our very own local wrestling fans. The coaching staff and wrestlers have made and will continue to make a point of cultivating a healthy relationship with the Corps while wholeheartedly endeavoring to expand our fan base in the community. Five years ago, Coach (Aaron) Bruce and I started a youth wrestling program which has allowed our own wrestlers an opportunity to lend their expertise to local 5-12 year olds stepping on the mat for the first time. These young pups and their moms and dads have come out in support of our wrestlers in ever increasing numbers at our home duals. Needless to say, a healthy VMI Wrestling –Lexington community relationship has blossomed.



Thanks to our Athletic Director, Donny White, the wrestling program at VMI is on very firm ground. Our practice room was outfitted with brand new Resilite mats two years ago and in August of 2002, we hired Franky James, the 2002 Southern Conference Coach of the Year to be our second assistant. Franky's technical expertise and work ethic have positively impacted our experienced veterans as well as our untested, but talented "rats."

Our 2003-04 schedule contains several challenging tournaments in November and December, a trip to Ohio to face two to p 25 opponents in January our typical duals against SoCon and ACC opponents in February. We will travel to Annapolis to defend our 2003 All-Academy Championship. Needless to say, our youthful squad will be tested early and often. The team would not want it any other way. We will standy ready!

We hope you are as excited as we are about the upcoming wrestling season. If you are, we hope you will take the time to attend one of our five home competitions during the 2003-04 season. Duals in the Cocke Hall "Thunderdome" have consistently been standing-room only events in front of highly-partisan, enthusiastic crowds. We believe that college wrestling is without a doubt, the most intense, exhilarating seven minutes in sport (x 10 of course). If you are super excited, you might ask How else could I help VMI Wrestling? We would like you to consider making a contribution to the VMI Wrestling Trustees account. Your tax deductible contribution to help Keydet Wrestling can be made by contacting the Keydet Club at 1-800-444-1839. If you have contributed to this fund in the past, we thank you. You have helped us to attract and develop top notch student-athletes who have high aspirations both on the mat and in the classroom.

FYI, we have worked and will continue to work hard internally to raise funds to supplement our budget thereby enabling us to compete in several national caliber tournaments during the competitive season. We have been selling game programs at home football games. We'll host a high school wrestling clinic/scrimmage in late November and sell season and individual tickets at all home wrestling events. In addition, our Third Annual Friends of VMI Wrestling Golf Outing held in September was a resounding success. Rest assured, we are committed to doing whatever it takes to be the best that we can be individually and collectively.

Thanks for your support. We hope to see you in the stands!

With warm regards,

John Trudgeon

Team History

YEAR-BY-YEAR RESULTS

(Since the program began awarding scholarships in 1978-79)

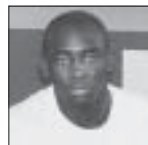
Season	Coach	Overall Record	SoCon Rec./Finish*
2002-03	John Trudgeon	8-3	4-1
2001-02	John Trudgeon	11-4	4-1
2000-01	John Trudgeon	2-11	2-3
1999-2000	John Trudgeon	6-7	4-1
1998-99	John Trudgeon	8-4	4-1
1997-98	John Trudgeon	1-13	1-4
1996-97	John Trudgeon	8-5	4-1
1995-96	John Trudgeon	11-3	2nd
1994-95	John Trudgeon	8-2	T-1st
1993-94	John Trudgeon	9-5	3rd
1992-93	John Trudgeon	5-9	4th
1991-92	John Trudgeon	4-8	3rd
1990-91	John Trudgeon	2-12	3rd
1989-90	John Trudgeon	4-9	3rd
1988-89	John Trudgeon	8-8-2	3rd
1987-88	John Trudgeon	6-11	3rd
1986-87	John Trudgeon	7-5	3rd
1985-86	John Trudgeon	10-2	3rd
1984-85	Ike Sherlock	12-2	1st
1983-84	Ike Sherlock	9-3	3rd
1982-83	Ike Sherlock	19-0	3rd
1981-82	Ike Sherlock	16-2	3rd
1980-81	Ike Sherlock	11-3	4th
1979-80	Ike Sherlock	11-2	2nd
1978-79	Ike Sherlock	8-7	5th

* Beginning with the 1996-97 season, the team(s) with the best record in league dual meets has been declared Southern Conference Champion. Prior to 1996-97, the winner of the SC Tournament was recognized as the league champion.

VMI's

ALL-AMERICANS

Leslie Apedoe (1995-99)



Leslie Apedoe became VMI's second All-American in 1999, when he placed sixth in the heavyweight bracket of the NCAA Championships in State College, Pa. In addition to his All-American achievement, Apedoe also became the first Keydet to win four Southern Conference Championships and make four trips to the NCAA Championships all in one weight class. He was named the Southern Conference's Outstanding Wrestler of the Year in his junior and senior seasons. Apedoe finished his career with a record of 109-29. In his four years at VMI, he helped the Keydets to a SoCon Tournament Championship in 1997 and a co-conference championship in 1999. He graduated from Colonial Heights High School in Colonial Heights, Va., but is a native of Ghana.

SOUTHERN CONFERENCE CHAMPIONS

1954	147	Jeff Robertson	1988	142	Jay Smaaladen
	177	Miles Nowitsky	1989	177	Erick Ames
	HWT	Nick Servidio	1990	142	Steve Pitts
1955	147	Pannill Jones		158	Mike Murray
1956	HW	Dale Vaughn	1991	126	Brian Mason
1957	HW	Don Basham		158	Jeff Clark
1960	147	Bryan Kane	1992	126	Brian Mason
	157	Bill Daniels		134	Charlie Branch
1961	147	Al Bamforth	1993	142	Charlie Branch
	167	Bill Daniels	1994	142	Charlie Branch*
	HWT	Dennis Merklinger		158	Fred Barber
1962	177	Tom Hill		HWT	Mark Wysong
1965	177	Don Taylor	1995	134	Adam Mickiewicz
1967	177	Don Taylor		142	Charlie Branch
1968	137	Steve Vaughn		150	Jeremy Ingram
	177	Don Taylor		158	Kevin Johnson
	HWT	Bob Biddle	1996	126	Aaron Mickiewicz
1969	160	Jack Kennedy		134	Adam Mickiewicz
	HWT	Bob Biddle		142	Jason Foresman
1971	190	Jim Bailey		150	Reese Edgington
1972	158	Phil Smith		HWT	Leslie Apedoe
	190	Jim Bailey	1997	134	Adam Mickiewicz
1976	HWT	Ned Stepanovich		150	Jason Foresman
1977	HWT	John Vizzi		HWT	Leslie Apedoe
	HWT	Ned Stepanovich	1998	158	Jarrod Fitzpatrick
1980	118	Bobby Greenwood		190	Isaac Moore
1982	177	Steve Evans		HWT	Leslie Apedoe
1984	126	John Munno	1999	197	Isaac Moore
	142	John Ehrenberger		HWT	Leslie Apedoe*
	HWT	John Long	2000	174	Austen Palmer
1986	150	Ben Walker	2001	149	Adam Britt
	167	Todd Arris	2002	157	Adam Britt
1987	142	Jay Smaaladen		174	Matt Erwin
	167	Todd Arris	2003	157	Adam Britt

* Denotes All-American

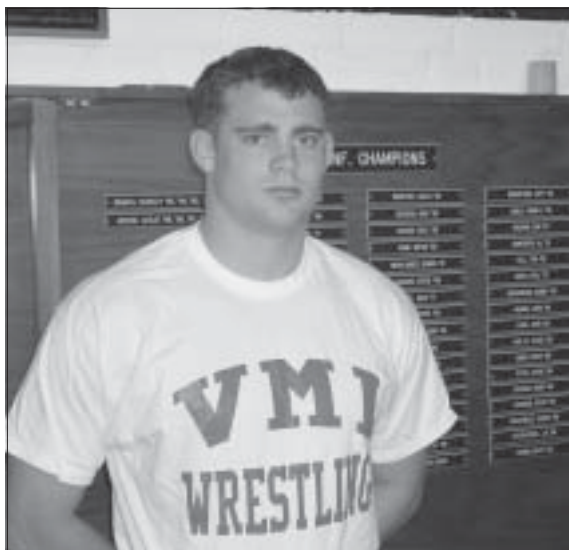
Charlie Branch (1991-95)



Charlie Branch became VMI's very first All-American in his junior season of 1994, when he finished in fourth place at the NCAA Championships. Branch became the first VMI wrestler to win four Southern Conference Championships and is still the only Keydet to win four championships in a combination of two weight classes (one at the 134 lb. weight class and three at 142). He is still currently the winningest wrestler in VMI history with a 117-27-1 career mark. Branch is currently the head coach at Eastern Michigan University in Ypsilanti, Mich.

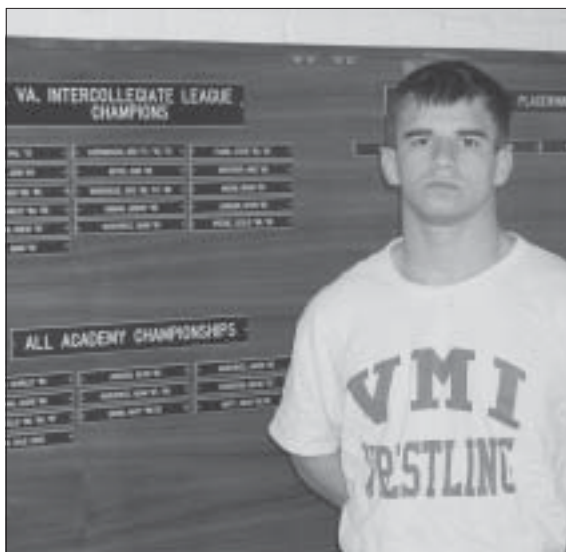
The VMI Wrestling Wall of Fame

Through the kind donations of Alexander J. "Ajax" Mitchell (VMI '50B), the VMI wrestling program was able to recognize all of its individual achievements of the past on the VMI Wall of Fame. The wall, which went up in 1998, resides on the south end of the VMI wrestling room and displays each and every one of VMI's past All-Americans, Southern Conference Champions, Midlands placewinners, Virginia Intercollegiate Championships and All-Academy Tournament Championships. The plaques serve as inspiration for VMI's current wrestlers to reach their high goals every day in practice.



2003 graduate Matt Erwin displays the elite list of VMI Southern Conference Champions. Erwin took the 2002 SoCon Championship in the 174 lb. weight class.

2003 graduate Adam Britt stands in front of the board displaying Virginia Intercollegiate League Championships and All-Academy Championships. Britt has his name listed twice in the former and three times in the latter.



2002-03 Statistics

Statistics

Name	Wt.	Overall	Dual	Conf.	Tourn.	Maj.	Tech.	Pins	--Dual Pts.--
		W-L	W-L	W-L	W-L	Dec.	Fall.		By Against
Micah Amrozowicz	133	25-14	7-4	3-2	18-10	3	0	1	57 67
Donnie Barbaree	157	2-1	0-0	0-0	2-1	2	0	0	0 0
Adam Britt	157	30-6	10-1	5-0	20-5	7	6	8	130 26
Scott Buhman	285	22-15	6-4	4-1	16-11	4	1	2	46 29
Ben Chovanec	184	1-4	0-0	0-0	1-4	1	0	0	0 0
Jason Cox	184	15-19	3-7	1-3	12-12	2	0	0	34 40
Matt Erwin	184	30-11	8-2	4-1	22-9	8	0	5	67 20
Jeremiah Gaudette	174	2-6	0-0	0-0	2-6	0	0	1	0 0
Jochen Granja	125	2-8	0-0	0-0	2-8	1	0	0	0 0
Chris Hardy	149	12-13	1-3	1-1	11-10	2	0	2	23 43
Jason Kontopedes	149	14-10	4-4	1-2	10-6	1	0	4	32 39
John Lowery	165	6-4	0-0	0-0	6-4	1	0	0	0 0
Corry Murray	174	7-4	0-0	0-0	7-4	1	0	0	0 0
P.J. Neumann	149	3-8	1-0	1-0	2-8	2	0	0	0 0
Mike Parsons	165	21-14	6-4	4-1	15-10	1	0	2	29 31
Jeff Sale	157	3-5	0-0	0-0	3-5	0	0	2	0 0
Juan Sanchez	125	9-13	2-9	1-4	7-4	2	1	0	44 76
Chris Seta	141	20-12	5-6	3-2	15-6	4	0	3	41 49
Derek Shea	174	2-1	0-0	0-0	2-1	0	0	0	0 0
Chris Smith	141	3-3	0-0	0-0	3-3	0	0	0	0 0
David Walker	197	13-16	6-4	3-2	7-12	2	0	1	23 28
David Wolf	149	6-5	0-0	0-0	6-5	3	1	0	0 0
Brian Yannetti	285	2-4	0-0	0-0	2-4	0	0	0	0 0

Individual Tournament Results

Keydet Invitational

Nov. 3 -- Lexington, Va.

1st	Chris Seta	141 lbs.
1st	Chris Hardy	149 lbs.
1st	John Lowery	165 lbs.
1st	Corry Murray	174 lbs.
1st	Scott Buhman	285 lbs.
2nd	Micah Amrozowicz	133 lbs.
2nd	Donnie Barbaree	157 lbs.
3rd	Chris Smith	141 lbs.
3rd	David Wolf	149 lbs.
3rd	Jeff Sale	157 lbs.
3rd	Derek Shea	174 lbs.
4th	Jeremiah Gaudette	174 lbs.
4th	Ben Chovanec	174 lbs.

West Virginia Open

Nov. 16 -- Morgantown, W.Va.

2nd	Adam Britt	157 lbs.
3rd	Matt Erwin	174 lbs.

Keystone Classic

Nov. 24 -- Philadelphia, Pa.

2nd	Matt Erwin	174 lbs.
3rd	Chris Seta	133 lbs.
4th	Scott Buhman	285 lbs.

Cliff Keen Las Vegas Invitational

Dec. 7 -- Las Vegas, Nev.

5th	Adam Britt	157 lbs.
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Midlands Championships

Dec. 28-29 -- Evanston, Ill.

8th	Matt Erwin	174 lbs.
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Virginia State Intercol. Championships

Jan. 19 -- Lexington, Va.

1st	Adam Britt	157 lbs.
2nd	Chris Seta	133 lbs.
2nd	Jason Kontopedes	149 lbs.
2nd	Matt Erwin	174 lbs.
3rd	Juan Sanchez	125 lbs.
3rd	Micah Amrozowicz	133 lbs.
3rd	Scott Buhman	285 lbs.
4th	Chris Hardy	149 lbs.
4th	Jason Cox	184 lbs.

Dual Meet Results

1/8 - VMI 27, Virginia 9 (Richmond, Va.)

1/10 - Edinboro 21, VMI 7 (Virginia Duals - Hampton, Va.)

1/11 - Hofstra 28, VMI 6 (Virginia Duals - Hampton, Va.)

1/17 - VMI 35, George Mason 6

1/24 - VMI 20, N.C. State 12

1/29 - VMI 20, James Madison 12

2/7 - Appalachian State 26, VMI 6*

2/8 - VMI 40, UNC Greensboro 6*

2/15 - VMI 17, The Citadel 16*

2/16 - VMI 48, Davidson 0*

2/22 - VMI 26, Chattanooga 12*

* Denotes SoCon matches.

All-Academy Championships

Feb. 1 -- New London, Conn.

1st	Adam Britt	157 lbs.
1st	Matt Erwin	174 lbs.
2nd	Jason Kontopedes	149 lbs.
2nd	Mike Parsons	165 lbs.
2nd	Jason Cox	184 lbs.
3rd	Chris Seta	141 lbs.
3rd	Scott Buhman	285 lbs.
4th	Juan Sanchez	125 lbs.
4th	Micah Amrozowicz	133 lbs.
4th	David Walker	197 lbs.

Southern Conference Championships

March 8 -- Boone, N.C.

1st	Adam Britt	157 lbs.
2nd	Chris Seta	141 lbs.
2nd	Mike Parsons	165 lbs.
2nd	Matt Erwin	174 lbs.
2nd	Scott Buhman	285 lbs.
3rd	Juan Sanchez	125 lbs.
3rd	Micah Amrozowicz	133 lbs.
3rd	Jason Cox	184 lbs.
3rd	David Walker	197 lbs.
4th	Chris Hardy	149 lbs.

This is the Virginia Military Institute

A larger purpose.

A proven method.

A historic place.

Founded in 1839 as the nation's first state military college, the Virginia Military Institute has made major contributions to the development of American higher education.

Civil Engineering, a subject rarely taught in colleges and universities before 1839, was established at the founding of VMI as the corner stone of its program. The first industrial chemistry course in the south was developed at VMI by Commodore Matthew Fontaine Maury. Today, VMI's demanding academic program reflects the established needs and the emerging trends of a constantly changing society.

VMI is a state-supported undergraduate college for young men and women. It offers a choice of majors from the general fields of engineering, liberal arts, and the sciences. Programs leading to the bachelor degree include biology, chemistry, civil engineering, computer science, economics & business, electrical engineering, english, history, international studies, mathematics, mechanical engineering and physics. All academic courses are taught by full-time faculty members, 80 percent of whom hold the doctorate degree. Successful completion of the VMI program enables cadets to enter many civilian professions, the Armed Forces, or to continue at graduate, medical, and law schools.

The challenging military portion of the VMI program is a distinctive aspect of the VMI college experience, and it reflects the Institute's debt to the United States Military Academy and the prestigious Ecole Polytechnique in Paris, France. All students at VMI are members of the Corps of Cadets. The Department of Defense maintains Army, Navy and Air Force ROTC units and cadets are required to take eight semesters of ROTC classes and encouraged to seek commissions in these three branches of the Armed Forces. Commissions are available, if cadets meet the necessary standards, and are contingent upon the needs of the Department of Defense. While the military program is an important part of the overall VMI experience, it is only one of several functions of the Institute. Historically, only about 17 percent of VMI's graduates have chosen military careers. The Institute's programs have been based on the concept of the citizen-soldier, a man prepared to take his place in civilian life, but ready to respond in times of national military need.

Almost from the first day of its founding, VMI alumni have served America in many fields of endeavor. More than 14,000 graduates since 1839 have moved from cadet life to enter finance, business, industry, government service, and the professions. In the military, VMI alumni have held top command posts. The Chief of Staff, the Deputy Chief of Staff of the United States Army in World War II, and two former commandants of the U.S. Marine Corps were VMI graduates. Distinguished service by other VMI alumni has been rewarded through a variety of honors, including a Nobel Peace Prize, Congressional Medals of Honor and Rhodes Scholarships.



VMI Facilities

VMI prides itself on providing the student-athlete with the tools to improve himself not just intellectually, but physically.

The ability to help every Keydet wrestler to reach his maximum potential has itself been brought to a new level in recent years with a massive renovation and refurbishing of the Charles S. Luck '20 Memorial Weight Room, located in Cocke Hall.

With over 9,000 square feet of space, the Luck Weight Room now contains over 17,000 lbs. of free weights, and 3,000 lbs. of dumbbell weights. Over 70 pieces of free weight training equipment are available for the use of the student-athlete, and over 40 pieces of resistive training machine-type equipment.

Among the key acquisitions of the new renovations were the addition and enlargement of the dumbbell training area, which almost tripled in size and now contains weights ranging from five to 140 pounds. Five auto-spot benches were installed, among the newest and safest pieces of weight training equipment available on the market. Ten Olympic platforms were installed, with increased cushioning and padding for the weights. Five heavy-duty power racks, weighing 400 pounds each, were installed, and a number of back, leg, and neck machines were installed to complement existing equipment. Finally, the entire area was resurfaced with Tufflex rubberized floor.

A new addition to the list of facilities available to the student-athlete opened in the spring of 1998 - the Cardio Room. Located next to the Luck Weight Room, the Cardio Room is equipped with the latest in cardiovascular workout and fitness equipment - all in a pleasant atmosphere for Keydet athletes to train and excel.

The Athletic Training Room is located in Cameron Hall, with smaller auxiliary training rooms located in Clarkson-McKenna Hall and Patchin Field House. Under the supervision of Director of Sports Medicine Lance Fujiwara, M.S., ATC, the sports medicine staff implement prevention of injury and immediate treatment, and rehabilitation procedures for the injured athlete, as directed by a physician. The Cameron Hall Athletic Training Room features four whirlpools, seven treatment beds, and taping bench, and various pieces of rehabilitation and treatment equipment.

Across from the Athletic Training Room is the sports medicine department's rehabilitation center, which houses lifecycles, a stairmaster, and a versa-climber for cardiovascular conditioning of rehabilitating athletes.



The Charles S. Luck '20 Memorial Weight Room, located in newly renovated Cocke Hall.